Gastein Trail - Etappe 1 (Dorfgastein-Heinreichalm)

Gastein

Map & POIs



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Description

The first part of the Gastein Trail is steeped in tradition. Dorfgastein, where coachmen and tradesmen used to stop for rest is today the place where hikers prepare themselves for the first part of the six-stage trail. The parking area of the Fulseck Gipfelbahn is the starting point of this hike. After a short walk through the idyllic mountain village, take a taxi to the Unterberg. From here, you can only continue on foot. There are numerous gates on the first part of the ascent to the Amoser Alm (managed). Continue along an easy-going country lane. Let go of the hustle and bustle of every life with each step you make. One mountain pasture follows another. A particular gem is the Stoffalm (not managed). Admire the picturesque and romantic old wooden architecture, the rustic water trough, as well as soaking up the atmosphere and taking in the views of the old stone quarry. The trail continues through a dense forest to the oldest passage in the Gasteinertal. Once you are able to see the Drei Waller Kapelle, you know that the longest ascent of the first stage has almost been completed. Situated at an elevation of 1,425 metres above sea level this is a sacred place of power where hikers can

recharge their energy levels. From this point, one has an enchanting view of the valley below which is enclosed on all sides. With such a view the hiker can forget about his/her efforts so far and continue along the trail leading to the Rauchkögerl which offers extensive views of the Salzachtal, an impressive contrast to that of the Gasteinertal landscape. At the height of 1,810 metres above sea level the breath-taking high-altitude hike takes you over gentle mountain ridges and through pristine woodlands. Hikers will be rewarded with breath-taking views and a spectacular panorama: As the icing on the cake the distant view of the distinctive summit of the Bernkogel. Over the treetops, you will see the Papernig-Kreuz (Hahnbalzköpfl) an ideal place to make one final stop before the descent. The path leads you through a secluded landscape to your accommodation for the first night. Above the Amoser Hochalm (not managed) at the foot of the Bernkogel, head across the Bettlersteig to an old connecting path. Here you have reached the end of stage one. Even when the Heinreichalm is in sight, take care and pay attention when walking over the steep grassy slopes.

Tips for mountain climbers: Those who have sufficient energy can take the 30-minute climb to the summit of the Tagkopf to relax and enjoy the sunset.

Information

Starting point

Wanderstartplatz Dorfgasteiner Bergbahnen

Destination point Heinreichalm

Route type

Multiday hike

Best season

| | JAN | FEB | MRZ | APR | MAY |
|---|-----|-----|-----|-----|-----|
| | JUN | JUL | AUG | SEP | OCT |
| Ī | NOV | DEC | | | |

Quality Seal

✓ Austrian Hiking Quality Seal

Height Chart



Short cuts

